



# 5K Run

**Friday,  
August 27**

**Start Time**  
5:45 p.m.

**Location**  
Heartspring Conference  
Center Parking Lot  
8700 E. 29th St. N.  
Wichita, KS 67226

*See reverse side for the  
5K Run route map.*

**Early Bird Pricing**  
June 1 - July 31  
\$25/Participant

**Regular Pricing**  
August 1 - 27  
\$35/Participant

## Runners and walkers — join us for our first 5K!

Lace up your running shoes and show your support by participating in our 5K Run. Try to beat your best 5K time, or enjoy a leisurely run (or walk!) around the Heartspring campus.

This registration includes general admission for all of the family fun, food trucks, music, and entertainment throughout CAREfest.

Runner bibs and additional CAREfest merchandise (if ordered) can be picked up at the Heartspring Conference Center in late August. More details will be announced at a later date.

Thank you, **TimerGuys**, for helping with the 5K Run!

### What to Bring:

- Your favorite music
- Good running shoes
- Sunscreen

### Questions?

Email Special Events Coordinator Megan Schapaugh at [mschapaugh@heartspring.org](mailto:mschapaugh@heartspring.org).



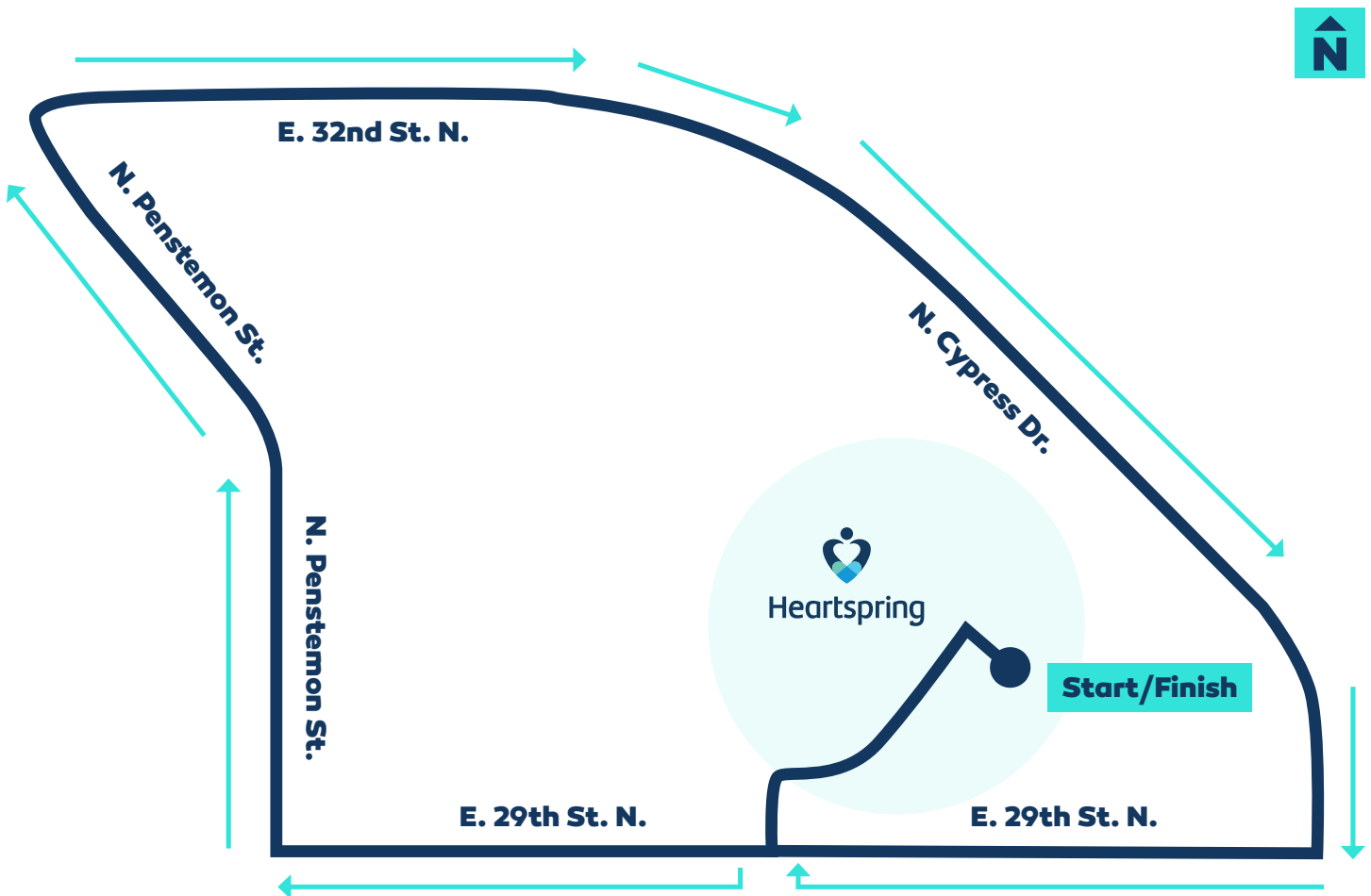
POWERED BY  
**COX**

PRESENTED BY  
**EMPRISE BANK®**

**REGISTER TODAY AT WICHITACAREFEST.ORG**



# Route Map



## 5K Run Route

The 5K Run will be two loops around the Heartspring campus.

### Leaving Heartspring's Campus:

1. Turn west onto E. 29th St. N.
2. Turn north onto N. Penstemon St.
3. Turn east onto E. 32nd St. N.
4. Continue onto N. Cypress Dr.
5. Turn east onto E. 29th St. N.
6. Repeat 1-5
7. Return to Heartspring's campus